

# Boston Marathon Time-Waived Number Application Checklist

Please include all the following information in your application. Your application must be received by the President of CMS (Stephen Laska at [president@cmsrun.org](mailto:president@cmsrun.org)) by November 30, 2023.

**Name:**

**Your Address:** (your current residence must be local to be considered for a bib per BAA rules)

**Your Telephone Number:**

**Your E-Mail Address:** (**REQUIRED** as applications are all submitted online)

**What Half Marathon or Marathon did you run? List your time. (A marathon in less than 6 hours or a half marathon in less than 3 hours.) All runners must complete the marathon in 6 hours or less per BAA rules.**

**Please verify that you have been an active, paid member of CMS since December 1, 2022.**

**Please include a short personal statement in your application.**

**Please list your volunteer activities with the Central Mass Striders from December 1, 2022 through November 30, 2023. Include how you volunteered at Stu's 30K (mandatory), or note the additional assignment you completed and had approved by the CMS board in lieu of attending Stu's.**

**All applications that do not have all the required elements may be excluded from consideration. Late applications will be excluded.**