



Benefits for Volunteers

For points accrued between December 1, 2022 - November 30, 2023 for use between December 1, 2023 - November 30, 2025

Please see our other posted documents on cmsrun.org for more information on our Volunteer Points System.

To use your volunteer points, you must be a current CMS member in good standing. If you have successfully applied for and registered with an invitational Boston Marathon number from CMS for the April 2024 marathon you have used your points in full. To confirm your remaining volunteer point total, please contact our Liaison at cmsvounteerpoints@gmail.com, the Liaison is also the contact for ironing out any potential discrepancies in your total before you use your points.

How to Apply For a Free Race Using Volunteer Points:

- **You must submit your mail-in application to CMS at least 10 days prior to race day.** Late applications will not be accepted. Day of Registration will not be available.
- You must indicate on your application that you wish to use your volunteer points in lieu of payment.
- If you cannot run the race after your registration has been submitted, your points have been used and will not be restored to you for a Did Not Start.
- Volunteer Points are non-transferable, and race entries gained from Volunteer Points are also non-transferable.

The following races are included in our Free Race Entry program for CMS volunteers. Races in which the total net proceeds are donated to charity have been excluded from this program.

100 Points

Stu's 30K Individual Entry

75 Points

Stu's 30K Relay Team Member, Freezer 5 Road Race

50 Points

Wachusett Mountain 3 Mile or 10K, Fred Warren 5.5 Mile Race

How to Apply For a Free CMS Membership Using Volunteer Points:

You may use 100 active Volunteer Points on a free 1-year CMS membership (individual or family membership). You must contact centralmassstriders.membership@gmail.com to request and receive this benefit.

How to Receive Merchandise Benefits Using Volunteer Points:

You can trade in active CMS Volunteer Points for merchandise in the following amounts.

50 points = \$10.00 CMS Gift Certificate for clothing

75 points = \$15.00 CMS Gift Certificate for clothing

100 points = \$25.00 CMS Gift Certificate for clothing

Beginning this year, Volunteer Points are active for two years.

And don't miss out on the special new "Bring a Friend" promotion as well – if you bring a non-CMS member to Stu's 30K, Freezer 5, or the Wachusett Mountain Race, you can earn double points. You may take advantage of this once per year. It is your responsibility to advise the race director or volunteer coordinator that you have done so.