

15th Annual Newburyport Yankee Homecoming



HIGH STREET MILE



Sponsored by



A ONE MILE ROAD RACE

Sunday August 7, 2005 10:00 A.M.

Atkinson Common - Newburyport, MA

Hosted by: The Winner's Circle Running Club

To Benefit: The Newburyport High Track and Cross Country Teams

Entry Fee Structure: (All Runners Must Be Age 10 or older)

Pre-Entry: \$8.00 No Shirt or \$10.00 With Shirt

Post Entry (8:15-9:45): \$10.00 (No Shirt) or \$12.00 (Shirt if available). **NO ENTRIES ACCEPTED AFTER 9:45 A.M.**

All Runners must pick up race numbers Before 9:45 am



Projected Heat Start Times

(Please be prepared to run 15 minutes prior to these estimated Start Times)

Heat 1: 10:00	Youth Race - Male/Female	Ages 10-15
Heat 2: 10:15	Male Masters	Ages 40-99
Heat 3: 10:30	Women	Ages 16-99
Heat 4: 10:45	Open Men (All Speeds)	Ages 16-39

Course Records

Men's Open:	Erik Nedeau	4:03	1995
Women's Open:	Kathy Franey	4:37	1997
Men's Master:	Ed Sparkowski	4:22	1997
Women's Master:	Maria-Luisa Servin	5:09	2003
Senior Men:	Richard Murray	4:42	1997
Senior Women	Ann Sipka	5:43	2002

OVER \$3000 IN CASH & PRIZES

Cash bonus for new Male/Female Open course records

Awards in Age and Weight Divisions, Clydesdale (200 lbs.+) Filly (150 lbs.+)

Age Divisions: 10-12, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+ | "USA/ T&F CERTIFIED"

Multi-Colored Shirts available to first 200 - Picnic Lunch and Raffle Prizes

For Race Information - Call Race Director: Chris Kealey (978) 270-6854 or e-mail Chris.Kealey@Thermo.com

Mail Entries to: High Street Mile C/O Chris Kealey 8 Payson Street Newburyport, MA 01950-1914

Make Checks Payable to: Winner's Circle Running Club

All Runners Must Be Age 10 or Older For Runner's Safety, Please No Baby Strollers, Roller Blades or Dogs in Race

FIRST NAME: _____ LAST NAME _____ AGE: _____ SEX: _____

ST. ADDRESS _____ CITY: _____ STATE: _____ ZIP: _____

TELEPHONE: _____ PREDICTED TIME: _____ Minutes _____ Seconds

Enclosed \$10.00 (with shirt): _____ Shirt Size: _____ or \$8.00 (no shirt) _____

All Clydesdales and Fillies will be weighed prior to the race

In consideration of my being a registered entrant in the High Street Mile on August 7, 2005 the undersigned hereby agrees to assume all risk of harm, injury, or loss of what ever nature resulting at said event and release, remise, discharge, and forever hold harmless the Winner's Circle Running Club, it's Officers and all sponsors or contributing agents associated with this event, from any claims which might arise from my participation in said event or from traveling to or returning from.

SIGNATURE(Guardian if under 18): _____ Date: _____